



JUNE 2009

Who is your life insurance beneficiary?

The Benefits Office would like to remind everyone that your Beneficiary Designation Form can be updated at any time and that it is very important to keep the information current.



To check on your current beneficiaries or to request a new Form to change your beneficiaries, please call (305) 292-4446 or extension 4446.

Ask us to verify your mailing address too!

WORKING WELLNESS

At home and at work, good health starts with you.

Thank you ..

The Monroe County Benefits Office would like to thank everyone who made our Health Fairs possible this year.

We would like to express our appreciation to the following vendors who participated in this year's Health Fairs:

- Florida Keys Area Health Education Center
5800 Overseas Hwy., Suite 38
Marathon, FL 33050
(305) 743-7111
- Coleen Dooley, ARNP, MSN
2409 N. Roosevelt Blvd., Suite 6
Key West, FL 33040
(305) 942-1399
- Monroe County Health Department
1100 Simonton Street
Key West, FL 33040
(305) 293-7500
- Dr. Jonathan Meyers, D.C.
Chiropractic Health Center of Key West
3154 Northside Dr., Suite 102
Key West, FL 33040
(305) 294-2285
- VNA / Hospice / Life at Home
1319 William Street
Key West, FL 33040
(305) 294-8812
- Curves
5429 Overseas Hwy.
Marathon, FL 33050
(305) 289-3211
- Food for Thought
5800 Overseas Hwy., Suite 23
Marathon, FL 33050
- FURY Water Adventures
237 Front Street
Key West, FL 33040
(305) 294-8899
1-877-994-8898
- Historic Tours of America, Inc.
1-800-868-7482
- Key Colony Beach Golf & Tennis
460 8th Street
Key Colony Beach, FL 33051
(305) 289-1533
- Key West Golf Club
6450 E. College Road
Key West, FL 33040
(305) 294-5232
- Sebago Watersports
201 William Street
Key West, FL 33040
(305) 292-4768
1-800-507-9955



Below is a list of Door Prizes Winners from our Health Fairs:

Susan Cross
Property Appraiser

Ken Dispenza
Property Appraiser

Penny Kipp
Budget & Finance, BOCC

Karen Crutchfield
Tax Collector

Montillo Desquotte
Public Works, BOCC

Daniel Garcia
Tax Collector

Rhonda Norman
Code Enforcement, BOCC

Angelique LeCointe
Tax Collector

Jose Tezanos
Growth Management, BOCC

Yoli Henriquez
Property Appraiser

Ed Lentz
Property Appraiser

Kevin Madok
Clerk of the Courts

Tangela Thurston
Clerk of the Courts

Charles Sykes
Public Works, BOCC

Roxie Pierce
Clerk of the Courts

Tina Prescott
Clerk of the Courts



Just a little reminder...

The Benefits Office will no longer be faxing insurance cards at a moments notice and there may be a 24-48 wait period for any requests for insurance cards. Please ensure that you and your dependents are in possession of all the insurance cards for the coverages that you have enrolled in. If you need to request additional cards now, please contact the following:

For a Wells Fargo TPA card:
305-292-4446 or x4446

For a WHI prescription card:
1-800-207-2568

For a Delta Dental card:
1-800-521-2651

For an EyeMed vision card:
1-866-723-0514



Don't forget about your Employee Assistance Program (EAP)!

The EAP is a short-term counseling program which provides *confidential, no cost* professional assistance to help employees and their families resolve problems that adversely affect their personal lives. If you would like to make an arrangement to speak to a counselor, you should contact Horizon Health at 1-800-272-7252.

The EAP website also offers links and information on topics, such as, family, health, and managing time. To visit the website, go to www.horizoncarelink.com and type in MCBOCC as your Login and Password. A link to their Legal and Financial Resource Center webpage is also provided.

For more information on the EAP, you can also visit [http://monroecofl.virtualto](http://monroecofl.virtualtownhall.net/Pages/MonroeCOFL_Personnel/EAP)
[wnhall.net/Pages/MonroeC](http://monroecofl.virtualtownhall.net/Pages/MonroeCOFL_Personnel/EAP)
[oFL Personnel/EAP](http://monroecofl.virtualtownhall.net/Pages/MonroeCOFL_Personnel/EAP)

COMP CORNER

Comp Corner will return next month.

Injured workers are also encouraged to visit the Division of Workers' Compensation website at www.fldfs.com/wc where you will find extensive information such as publications, a number of databases, rules, and forms that will give you a better understanding of workers' compensation.